



HEALTHY WAVE

www.HealthyWaveMat.com

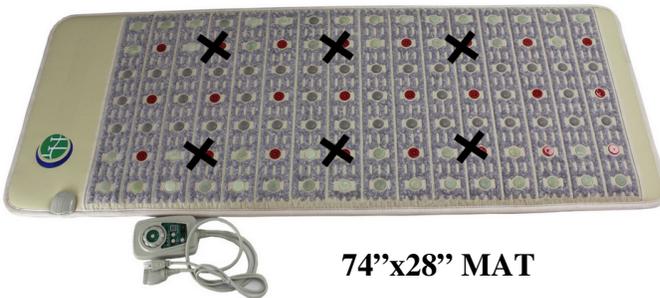
PEMF Confirmation Test: For mats With PEMF Feature (and with or without Photon Red Lights)

The basic PEMF tester provided consists of small pieces of magnetic metal inside a plastic tube. The metal pieces will vibrate when placed directly over the PEMF coil located on the mat.



Shown below are several standard sizes of mats, where X marks the approximate location of the PEMF copper coils. For the Multi-Wave Mats see details on the page 2.

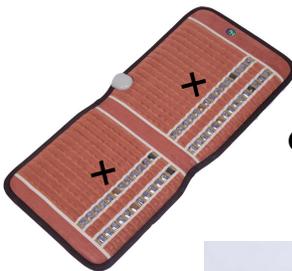
First turn on the PEMF on the controller. Then place the PEMF tester directly on the MAT and slowly move it until you see the metal pieces in the tube tester vibrate slightly. THE PEMF tester must be directly over the PEMF coil to see the vibration. When you get the vibration this confirms the PEMF is operating. Repeat this procedure for all the locations of the coils as shown on the marked locations below.



74"x28" MAT



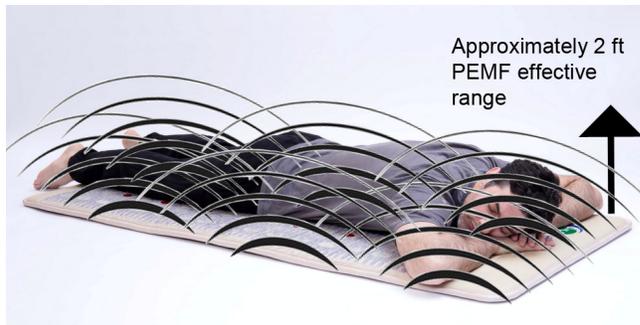
32"x20" MAT



CHAIR MAT



60"x24" MAT





How to test PEMF Coils on the Multi-Wave Mat:

You should use the PEMF ON/OFF (Single Step) program to do this test.

The intensity has to be set to 100% before you will see any significant movement of the metal jumping around in vial.

Follow these instructions to test for PEMF : This is the standard instruction for setting the PEMF frequency, intensity, wave form and pulse width.

- Turn on Controller power button to activate the controller

The following will set the PEMF level so you can test the PEMF coils with the vial:

•Press PEMF MODE-

- first button press - change time setting - ignore this
 - second button press - wave form flashes - ignore this
 - third button press- frequency flashes- **Use up “P” arrow key to set frequency to 25 Hz -**
 - 4th button press - pulse duration flashes - **press “P” up or down arrow key to set to M (Medium)**
 - 5th button press - intensity flashes - **use up “P” arrow key until intensity shows 100% at bottom of screen**
- press PEMF mode to save

Now Press PEMF ON button to activate the single step PEMF program; you will see the word "pulse" on the screen.

Now you can test the PEMF coils with the vial testing kit.

Multi- Wave Mat Coils for different mat sizes : 74x28 size - 8 coils, 72x24 - 6 coils, 60x24 - 6 coils,

32 x20 - 4 coils.

Note:

- If you set the PEMF Intensity to a lower level than 100% then the tester vial will vibrate less
- If you set the PEMF Frequency to a lower frequency then the tester vial will vibrate at a lower speed.
- There will be various settings where if you have lower intensity, and/or different pulse duration (UF) you may not see any tester vial movement. The PEMF is still working but you won't see the tester vial movement for various settings.